

Team: _____ Division: _____
 Opponent: _____ Date: _____

ELK GROVE YOUTH BASEBALL

Baseball Pitch Count Log

Exception: If a pitcher reaches a maximum number of pitches while facing a batter, then the pitcher may continue to pitch until that batter reaches base or the batter is retired but total pitches thrown reverts back to the maximum number.

Team	Pitcher's Name	Uniform Number	X = Cross out the number as that pitch is thrown.																																	Total Pitches	Days Rest Required	Mgr Initials
			O = Circle the number for the last pitch thrown in each half-inning																																			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33			
			34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66			
			67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99			

Pitching Restrictions							The gray boxes above indicate "Max Pitches" per game thresholds	
Division	Daily Max (pitches)	Required Rest (Pitches)						Weekly Max Pitches (Mon-Sun)
		0 Days	1 Day	2 Days	3 Days	4 Days		
AA	50	1 to 20	21 to 35	36-50	N/A	N/A		70
AAA and Minor	70	1 to 20	21 to 35	36-50	51-65	66+	70	
Major, Major-Minor	70	1 to 20	21 to 35	36-50	51-65	66+	70	
Prep	70	1 to 20	21 to 35	36-50	51-65	66+	70	